

**Membership** † Discipleship † Leadership

Hebrews 10:24-25 *“And let us consider one another in order to stir up love and good works, not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching”*

I am a member of \_\_\_\_\_.

“belonging to a congregation of believers who assemble themselves to be edified by faith that they may be fully equipped to do the works of God”

## “Emotional E-ffects”

Saved by God’s Grace for God’s Glory

Proverbs 4:7 *“Wisdom is the principal thing; Therefore get wisdom. And in all your getting, get understanding”*

We assemble ourselves week after week to be edified, educated, encouraged and empowered. Our emotions have an effect on us. When this happens, the feeling is usually for a brief moment. We must understand that our moments give us momentum to go to the next level in our lives. Use those emotions wisely so your walk with God will be effective. We are all a work in progress. The environment may have changed but we’re still connected to the experience. The environment is what’s around you, not what’s inside you. He who is in you is greater (1 John 4:4). Each experience is a learning experience that builds our character (Romans 5:1-5).

Ephesians 6:10-18 equips us with the knowledge to effectively manage our emotions. We must be strong in the Lord and in the power of His might by putting on the *whole* armor of God to stand against evil. You can be in a heavenly place (God moment) and encounter a wicked spiritual host. Have the faith to fight against the fiery darts:

I. **Know your enemy (or in-a-me).** The enemy is an evil spirit seeking whom he may devour (1 Peter 5:8). It’s not human opposition because we wrestle not against flesh and blood. It’s a spiritual battle. The enemy possesses the ability to use anyone who does not make the daily decision to live according to God’s standards. If someone comes to kill (your dreams), steal (your joy) and destroy (your character) they are being used by the enemy and you must be able to detect their tactics (John 10:10). What two tactics has the enemy *tried* to use in your personal life?

1) \_\_\_\_\_

2) \_\_\_\_\_

No weapon formed against you shall prosper! (Isaiah 54:17)

**II. Use your equipment.** If you are a good soldier for Jesus Christ, you must endure (2 Tim 2:3). Would a good soldier show up for battle unprepared? To properly use the equipment provided, we must know and understand the equipment needed. Match the equipment with its use (Ephesians 6:14-17NIV):

- |                |       |               |
|----------------|-------|---------------|
| A) Feet        | _____ | Truth         |
| B) Helmet      | _____ | Faith         |
| C) Belt        | _____ | Peace         |
| D) Shield      | _____ | Righteousness |
| E) Sword       | _____ | Salvation     |
| F) Breastplate | _____ | Word of God   |

**III. Preserve your energy.** Don't waste energy on the enemy. Utilize your equipment. Preserve your energy with prayer and supplication in the Spirit so you may persevere. Remember, it's just a moment. Trust God. He is your power supply and He is your source. Everything else is just a resource. Stay focused and press towards your goal (Phil 3:12-16). This week, meditate on moments that matter – God Moments!



Romans 12:2 “. . . be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.”

Psalms 119:11 “Your word I have hidden in my heart, That I might not sin against You.”

Day/ Date	Daily Reading	What verse(s) had the most impact? ex: Genesis 45:2-8
Monday/	Genesis 43-46	
Tuesday/	Genesis 47-50	
Wednesday/	Exodus 1-3	
Thursday/	Exodus 4-6	
Friday/	Exodus 7-9	
Saturday/	Exodus 10-12	
Sunday/	Exodus 13-15	

